# **Brushlink**®

YOUR PERSONAL DENTAL COACH

## **INSERTING BATTERIES**

Remove the lower blue-coloured casing.



2

Insert the two LR44 batteries provided. Ensure that the batteries have been inserted as per the image below:



3

Place the whitecoloured upper casing on top of the lower casing to close the device.

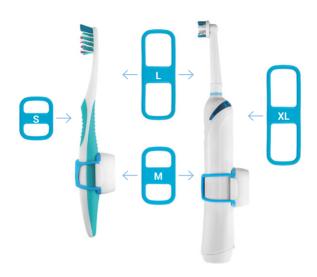


## ATTACHING BRUSHLINK®



Align Brushlink on the back of the toothbrush handle, with the light facing up.

## **BAND SIZES**



Wrap the **silicon band** around the toothbrush handle to secure Brushlink into place.

**Manual toothbrushes** use the small or medium size blue band. **Electric toothbrushes** use the medium, large or X-large.

## DOWNLOADING THE BRUSHLINK® APP

The Brushlink app is available on both Android and Apple iOS mobile devices.

Click on the icons below to download the app for your smartphone:



### SWITCHING BRUSHLINK® ON



Press the **blue button** to activate your device and connect it to the Brushlink app.

#### **ENSURE THE:**

- App is open on your smartphone and
- Bluetooth™ is turned on to allow the app to automatically connect to your device.

## LIGHTS ON THE BRUSHLINK®



#### **GREEN LIGHT**

The Brushlink device is switched on.



#### **BLUE LIGHT**

Brushlink is connected to the app, via Bluetooth.



#### **RED LIGHT**

Deleting data from the Brushlink device or low battery.

## BRUSHLINK® APP SET UP



Fill in your personal details.



Choose left or right-handed.



Choose an area to start brushing.



Attach the Brushlink to your toothbrush (if you have not done so).



Brush your teeth following the app.



Once you are finished you will be marked out of 100.



Click on Activity to view your score.

## HOW TO BRUSH EFFECTIVELY



Make sure you brush for at **least two minutes**.

To get the best brushing angle, the bar should always be green.

## **HOW TO BRUSH EFFECTIVELY**



Ensure your toothbrush is at a 45° angle to your teeth and gums.









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